

Hotel Housekeeping Musculoskeletal Injury Prevention Regulation

California Regulation Cal/OSHA Title 8 §3345

On July 1, 2018, hotels and other lodging establishments will be required to have a written Musculoskeletal Injury Prevention Program (MIPP) that addresses hazards specific to housekeepers. By October 1, 2018, employers, including housekeepers and their union representatives, must evaluate the worksite.

Republic Indemnity can assist you with these requirements. We can provide:

- **Sample Musculoskeletal Injury Prevention Program**
- **Safety Posters**
- **On Demand Video Safety Training**
- **Loss Control Consultant Assistance**

Other resources available:

- Information on the regulation and training materials from the State of California:
<https://www.dir.ca.gov/oshsb/Hotel-Housekeeping-Musculoskeletal-Injury-Prevention.html>
- Title 8 § 3345. Hotel Housekeeping Musculoskeletal Injury Prevention Regulation:
<https://www.dir.ca.gov/title8/3345.html>
- “Working Safer and Easier for Janitors, Housekeepers and Custodians”:
https://www.dir.ca.gov/dosh/dosh_publications/Janitors.pdf
https://www.dir.ca.gov/dosh/dosh_publications/janitorsSP.pdf
- Safety training PowerPoints and handouts from Federal OSHA:
https://www.osha.gov/dte/grant_materials/fy10/sh-20998-10.html
- British Columbia, Injury Prevention Resources For Tourism and Hospitality – Accommodation:
www2.worksafebc.com/Portals/Tourism/Prevention-Accommodation.asp
- How to complete the Log of Work-Related Injury and Illnesses Cal/OSHA Form 300 and Annual Summary of Work-Related Injuries and Illnesses Cal/OSHA Form 300A:
http://www.dir.ca.gov/dosh/dosh_publications/RecKeepOverview.pdf

For more information, go to our Loss Control Resources section at RepublicIndemnity.com, or contact our Loss Control Department at RICALC@ri-net.com.

Republic Indemnity®

Workers' Compensation Insurance Specialists

Take it easy on the curves. Save your back!

Guarde su espalda. Cuide su espalda.

Use a mechanical device.
Utilice un dispositivo mecánico, si es posible.

Get help from a co-worker.
Obtenga ayuda de un compañero de trabajo.

Keep item close to your body.
Mantenga cualquier artículo cerca de su cuerpo.

Don't twist while lifting.
No fuerza mientras levanta.

Questions? Contact your supervisor.
¿Preguntas? Póngase en contacto con su supervisor.

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